

Sharing My Story



Introduction

Share your name, age, city, state.

What Happened?

In 3 to 10 sentences, start at the beginning of your cancer journey and move through your treatment and survivorship. What was the experience like for you? For your family, friends, and community?

The Impact

In 1 to 5 sentences, share a little about what your life was like before cancer. What plans did you change due to your cancer treatment? How has your life and the lives of your family members changed due to cancer?

Currently,

In 1 to 3 sentences, talk about your life now – wherever you are in your cancer journey. What plans do you have? What are you looking forward to?

How are others impacted?

In 1 to 3 sentences, transition to the challenge(s) faced by people living with cancer that you want to address. What issues are they facing that need attention?

What will help?

In 1-3 sentences, is there a policy, legislation, best practice that will help others on their cancer journey?

My 'Ask'

In 1 to 2 sentences, thank your listener for their time. Then, make your ask. Remember, be specific.